

JAMIE L. LYNCH, MD
Curriculum Vitae

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San Antonio, TX 78258
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PROFESSIONAL EXPERIENCE

- 04/2019- present **TruOrtho** **San Antonio, TX**
Orthopaedic Surgeon
Specializing in Sports Medicine and Shoulder Reconstruction
- 08/2012-04/2019 **Northeast Orthopaedics & Sports Medicine** **San Antonio, TX**
Orthopaedic Surgeon
Specializing in Sports Medicine and Shoulder Reconstruction

POSTGRADUATE EDUCATION AND TRAINING

- 08/2011-07/2012 **William Beaumont Hospital** **Royal Oak, MI**
Fellowship, Orthopaedic Surgery Sports Medicine
Fellowship Director: Kyle Anderson, MD
- 07/2007-06/2011 **McGaw Medical Center of Northwestern University** **Chicago, IL**
Residency, Orthopaedic Surgery
Chairman: Michael Schafer, MD
- 07/2006-06/2007 **McGaw Medical Center of Northwestern University** **Chicago, IL**
Internship, General Surgery

EDUCATION

- 2002-2006 **UNIVERSITY OF ILLINOIS AT CHICAGO - College of Medicine** **Chicago, IL**
Doctor of Medicine
Outstandings in clinical rotations: Obstetrics and Gynecology, Psychology,
Surgery, Pediatrics, Family Practice, and Internal Medicine
- 2002-2004 **Longitudinal Primary Care Program** **Chicago, IL**
General Surgery with Joseph Espot, M.D.
- 2002-2003 **Chicago, IL**
Obstetrics and Gynecology with Donna Perry, M.D.
- 07/2003 **SALUD IMMERSION PROGRAM** **Cuernavaca, México**
Participated in a study abroad medically focused immersion program;
observed and assisted a general surgeon in Mexico City; gained clinical
experience in an operating room in an urban hospital; volunteered
in a small clinic in rural Buena Vista, Mexico
- 1997-2001 **UNIVERSITY OF ILLINOIS at Urbana-Champaign** **Champaign, IL**
Bachelor of Science - 3.75/4.0
Major: Cell and Structural Biology
Minor: Chemistry
- Fall 1999 **UNIVERSITY OF NEW SOUTH WALES** **Sydney, Australia**
Study Abroad Program in the Faculty of Life Sciences

FACULTY APPOINTMENT

2011- 2012 Adjunct Assistant Professor Oakland University School of Medicine

Rochester, MI

LICENSURE AND CERTIFICATIONS

Texas Physician License Current
2014 ABOS Step II Passed
2011 ABOS Step I Passed
2011 ACLS/BLS Certified
2007 USMLE Step 3 Passed
2005 USMLE Step 2 Passed
2004 USMLE Step 1 Passed

PROFESSIONAL SOCIETIES

2015- present **Forum**
2013-present **San Antonio Orthopaedic Society**
2011-present **Arthroscopy Association of North America**
2011-present **American Orthopaedic Society for Sports Medicine**
2006-present **American Academy of Orthopaedic Surgeons**
2005-2010 **Ruth Jackson Society**
2002-2006 **American Medical Association**

HONORS AND AWARDS

2000-2001 Dean's List
1997-2001 James Scholar
1997-1998 Alpha Lambda Delta, Phi Eta Sigma

Champaign, IL
Champaign, IL
Champaign, IL

TEAM COVERAGE EXPERIENCE

2011-2012 NFL: *Detroit Lions*
Game coverage and training room

Detroit, MI

2011-2012 *Oakland University Soccer and Basketball*
Game coverage

Rochester, MI

2011-2012 *Clawson High School Football*
Game coverage

Clawson, MI

2010-2011 NHL: *Chicago Blackhawks*
Physicals, game coverage and training room

Chicago, IL

2009-2010 *Northwestern University Football and Volleyball*
Game coverage and training room

Evanston, IL

2009-2011 *Chicago Public Schools Football grades 6-12*
Game coverage and physicals

Chicago, IL

PUBLICATIONS

Ross D, Maerz T, **Lynch JL**, Norris S, Baker K, and Anderson K. Rehabilitation Following Arthroscopic Rotator Cuff Repair: A Review of Current Literature. J Am Acad Orthop Surg January 2014; 22:1-9.

Lynch JL, Maerz T, Kurdziel MD, Davidson AA, Baker KC, Anderson K. The GraftLink UCL Reconstruction: Biomechanical Comparison to the Docking Technique in both Kinematics and Failure Tests. Am J Sports Med. 2013 Oct; 41(10): 2278-87.

Lynch JL, Maerz T, Kurdziel MD, Davidson AA, Baker KC, Anderson K. Biomechanical Evaluation of the TightRope Versus Traditional Docking Ulnar Collateral Ligament Reconstruction Technique: Kinematic and Failure Testing. *Am J Sports Med.* 2013 May;41(5):1165-73.

Lynch, JL, Anderson K. Anterior Cruciate Ligament Reconstruction: All-Inside Reconstruction. *Operative Techniques in Sports Medicine.* 2013 Mar; 21(1): 40-6.

Rabuck SJ, **Lynch JL**, Guo X, Zhang LQ, Edwards SL, Nuber GW, Saltzman MD. Biomechanical comparison of 3 methods to repair pectoralis major ruptures. *Am J Sports Med.* 2012 Jul;40(7):1635-40. Epub 2012 Jun 7

Puri L, Lapinski B, Wixson RL, **Lynch JL**, Hendrix R, Stulberg SD. Computed Tomographic Follow-Up Evaluation of Operative Intervention for Periacetabular Lysis. *The Journal of Arthroplasty* Vol. 21 No.6 2006

PRESENTATIONS

Perry Initiative. San Antonio, TX. March 30, 2019. Presenter. **Lynch JL**. “Orthopaedics: A Career for Women”

Perry Initiative. San Antonio, TX. April 7, 2018. Presenter. **Lynch JL**. “The ABC's of Success”

Perry Initiative. San Antonio, TX. May 14, 2017. Presenter. **Lynch JL**. “The ABC's of Success”

FORUM, Sonoma Mission Inn, CA. January 2017. Presenter. Lynch JL. “Superior Capsular Reconstruction”

San Antonio Orthopaedic Society. San Antonio, TX. October 13, 2014. Presenter. **Lynch JL**. “Reverse Total Shoulder Arthroplasty, Who? Why? & When?”

Healthlink Physical Therapy, San Antonio, TX. September 20, 2014. Presenter. **Lynch JL**. “Shoulder Arthroplasty from Beginning to End”

Orthopaedic Update 2014 Conference, San Antonio, TX. April 5, 2014. Moderator and presenter. **Lynch JL**. “Shoulder Pain”

Perry Initiative. San Antonio, TX. March 16, 2013. Presenter. **Lynch JL**. “The ABC's of Success”

Anderson K, **Lynch JL**, Maerz T, Kurdziel M, Lilly R, Baker, K. Biomechanical Evaluation of the New Tight Rope and Traditional Docking UCL Reconstruction Techniques: Kinematic and Failure Testing. American Shoulder and Elbow Surgeons Closed Meeting. October 11-14, 2012.

Williams J, **Lynch JL**, Kodros S, Kelikian A. A Retrospective Review of Total Ankle Arthroplasty versus Arthroscopically Assisted Ankle Fusion Outcomes. Poster Presentation: American Academy of Orthopaedic Surgeons 2012 Annual Meeting: San Francisco, California, February 7-11, 2012.

Rabuck S, **Lynch JL**, Saltzman M. A Biomechanical Comparison of Three Methods to Repair Pectoralis Major Ruptures. American Journal of Sports Medicine. Poster Presentation: American Academy of Orthopaedic Surgeons 2012 Annual Meeting: San Francisco, California, February 7-11, 2012.

Lynch JL. Concussions: Recognizing the Symptoms. USA Hockey Coaching Education Program. 9/25/2011, 10/02/2011, 11/5/2011

Lynch JL, Trawicki M, Johnson B, Harris E, Ghate R. Tourniquet Pressure in Total Knee Arthroplasty: A Randomized Clinical Trial. Mid-America Orthopaedic Association. Lost Pines, TX 04/2010

CHAPTERS

Cole and Sekiya. 2013. Surgical Techniques of the Shoulder, Elbow, and Knee in Sports Medicine, 2nd edition. Elbow Synovitis, Loose Bodies, and Posteromedial Impingement. **Lynch JL**, Kippe MA, Anderson K Philadelphia, PA : Saunders.

WEB-BASED/MULTIMEDIA

- 2012 **AAOS WEBSITE**
Lynch JL: Anatomy of the shoulder. American Academy of Orthopaedic Surgeons website: OrthoInfo, 2012. <http://www.orthoinfo.org/topic.cfm?topic=A00662>.
- 2008-2011 **CHILDREN'S MEMORIAL HOSPITAL** **Chicago, IL**
 Hearty T, **Lynch JL**, Sarwark JF, Janicki J, Miazal M: E-Learning In Orthopaedic Residency Training For Closed Reduction Percutaneous Pinning Of Pediatric Supracondylar Fractures
http://courses.chexweb.com/hosted/chic/CEVL/ORTHO/supracondylar_fx/index.html
- 2008 **AAOS WEBSITE**
 Sullivan JA, Sarwark JF, **Lynch JL:** Supracondylar Fractures of the Humerus in Children CME. Orthopaedic Knowledge Online 2008;6(9):
http://www5.aaos.org/oko/cme/templates/template_2/information.cfm?topic=CME078.
- 2000-2001 **UNIVERSITY OF ILLINOIS - Department of Microbiology** **Champaign, IL**
 Principle Investigator- Deanna Raineri
 Collaborated with the National Center for Supercomputing Applications (NCSA) to simplify a comprehensive assemblage of research tools for users that are unfamiliar with the bioinformatics resources. Synthesized tutorials for the Biology Workbench and developed an on-line Sickle Cell Anemia Tutorial

EDUCATIONAL COURSES

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|---------|--|----------------------------|
| 05/2017 | Arthroscopy Association of North America | Denver, CO |
| 04/2013 | Arthroscopy Association of North America | San Antonio, TX |
| 03/2013 | American Association of Orthopaedic Surgeons Annual Meeting | Chicago, IL |
| 06/2012 | Sports Medicine Fellows Forum | Naples, FL |
| 05/2012 | DePuy Mitek Fellows Advanced Arthroscopy Forum | Miami, FL |
| 01/2012 | Sports Medicine Fellows Conference: Approaches to Articular Cartilage Repair | Carlsbad, CA |
| 04/2011 | Minimally Invasive Plate Osteosynthesis | Fort Lauderdale, FL |
| 02/2011 | American Association of Orthopaedic Surgeons Annual Meeting | San Diego, CA |
| 11/2010 | Surgical Approaches for Internal Fixation | Great Neck, NY |
| 09/2009 | The Wider Scope of Arthroscopy - Hip, Knee, and Shoulder | Andover, MA |
| 08/2009 | 11th Annual Chicago Trauma Symposium | Chicago, IL |
| 09/2008 | Resident Anatomy Skills Workshop Shoulder | Mawhaw, NJ |
| 08/2008 | 10th Annual Chicago Trauma Symposium | Chicago, IL |
| 08/2008 | AO Basic Principles and Techniques of Operative Fracture Management | Madison, WI |

LEADERSHIP ROLES

- 2005-2006 **UNIVERSITY OF ILLINOIS - College of Medicine** **Chicago, IL**
 Society of Prospective Surgeons
 President/Student Advisor

VOLUNTEERING

- 2013-2014 *Crossfit Regional, Medical Director* **San Antonio, TX**
 Organized a team of medical volunteers to assist athletes and cared for athletes as necessary during the competition.
- 2012-current *Perry Initiative* **San Antonio, TX**
Royal Oak, MI
 A group committed to inspiring young women to be leaders in the exciting fields of Orthopaedic Surgery and Engineering. This is done by sponsoring hands-on outreach programs for high school women.
- 2004-2006 *Chicago Youth Program* **Chicago, IL**

Tutoring and mentoring program for inner city youth in the Uptown Neighborhood

2003

Adolescent Substance Abuse Program

Researched designed lessons on the medical consequences of drug and ethanol misuse and abuse on biological systems and instructed students to making informed decisions

Chicago, IL

OTHER INTERESTS

International travel, nutrition, physical fitness, mom-life